



Association Migration
Solidarité & Echanges
pour le Développement

<http://network.amsed.fr>

C-stick



Erasmus+

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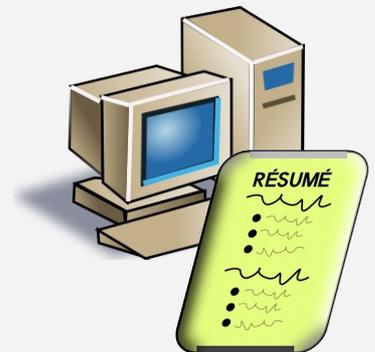
WHAT IS C-STICK?

- ❖ C-Stick is an online digital portfolio (e-portfolio) where you can store information
- ❖ It is a tool developed for identifying non-formal skills and developing competence
- ❖ It has a program that builds a CV
- ❖ Created in 2006 by the Belgian NGO, JES (Jeugd en Stad/Youth and city)
- ❖ Visit the website for more information <http://www.jes.be/C-Stick/index.php>

WHY C-STICK?

After a thorough survey among employers, JES realized that increased youth employability calls for teaching skills to young people for good interview habits and self-representation. A way to get there is to make them aware of their non-formal skills, which was identified as something young people think 'doesn't count'.

- ❖ C-Stick involves young people in recognizing the value of their skills
- ❖ This gives (low-skilled) young people a better insight into their competences, talents, limits and interests
- ❖ It's free and easy to use with a simple navigation structure and an uncomplicated language



HOW DO I USE C-STICK?

- ❖ Start by visiting the website
<http://cstick.jes.be.dev2.lithium.be/fr/homepage/index.html>

- ❖ Get registered

Inscrire

Nom de famille	<input type="text"/>
Prénom	<input type="text"/>
Date de naissance	<input type="text"/>
Adresse e-mail	<input type="text"/>
Nom d'utilisateur	<input type="text"/>
Mot de passe	<input type="password"/>

- ❖ Sign in

- ❖ Try it out first, log in with
Username: jes Password: jes

Nom d'utilisateur

Mot de passe

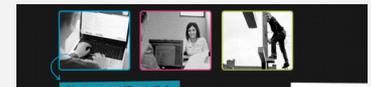
suivant
Inscrire
Changer ou oublier votre mot de passe?



- ❖ Unfortunately this website only exists in French and Dutch

THE WEBSITE

- ❖ Start adding things to your profile, such as Education, Volunteering, Languages
- ❖ Manage your job applications
- ❖ Make a plan for your personal development



Quelles informations veux-tu ajouter ou modifier ?

Mes données générales (mon nom, mon adresse, ...)

Mes études

Cours & formations supplémentaires

Mes stages

Mes (derniers) emplois

Hobbies, bénévolat, travail ménager, ...

Mes langues

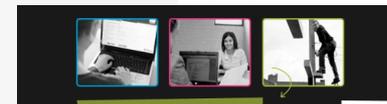
Mes compétences en calcul

Mes connaissances en informatique



Postuler

Date	Fonction	Employeur/entreprise	Contact	Compétence(s) CV	Supprimer
8 juin 2011	Pedagogisch medewerker	11.11.11	Koen, Steur	Educatief medewerker ✓	✗
1 mars 2012	Aandf	Aandf	Henry, Meier	Aandf ✓	✗
3 février 2014	Administratief bediende	Het beste	Janasens, Jette	Stipt zijn, hard werken ✓	✗
				✓	✗
				✓	✗
				✓	✗
				✓	✗



Mon plan de développement personnel

Qui suis-je?

Qu'est-ce que je veux ?

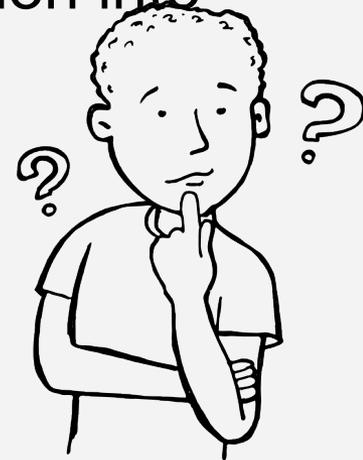
Qu'est-ce que je sais faire?

Action!

Faire un résumé

THE E-PORTFOLIO

- ❖ You can store different types of relevant information to show your competences, such as photographs or films
- ❖ Manage your personal development plan and find answers to questions such as 'What do I want?' and 'What can I do?' in order to better decide what jobs to apply for
- ❖ Use the C-Stick to transform your stored information into a CV
- ❖ Update your e-portfolio continuously as competence development is a dynamic process



KEY COMPETENCES

The JES survey among employers revealed their 16 most valued key competences for employability

1. Cooperating
2. Speaking
3. Listening
4. Flexibility
5. Planning & Organising
6. Learning
7. Giving feedback
8. Handle feedback
9. Self-reflection
10. Networking
11. Handle authority
12. Respect rules
13. Handle clients
14. Taking initiative
15. Act independently
16. Empathizing

WHERE DOES IT TAKE ME? EMPLOYMENT?



- ❖ Young people, with or without formal education, that are aware of their competences are better equipped to search for jobs
- ❖ The most important key competences listed by employers are not found within formal education – that is why it is important to be aware of all of your different skills
- ❖ C-Stick can create a CV that can actually be used for applying for jobs

Good luck!